

# WELCOME TO M.A YOGA!

## PREPARATION FOR YOUR TRIAL LESSON

### **Location**

- ☐ [M.A BALLET Studio](#) : 545 Orchard Road, S238882 #15-12, Far East Shopping Centre (opp. Royal Thai Embassy)

### **What to wear?**

- ☐ Comfortable yoga/training wear.

### **What to bring?**

- 1) Water Bottle
- 2) Face Towel
- 3) Jacket (optional)

### **Notes**

- Be punctual for class.
- Please ensure to use the restroom before the start of class.
- Set your mobile devices to "Silent".
- Classes may include both English and Japanese.
- Please keep the studio clean at all times.

### **Registration Fee**

If you would like to register in M.A YOGA after your trial, you will be exempted from our registration fee (\$100).

Kindly inform us of your preferred package on your very first purchase with us!

Enjoy your Trial Class!

